

Manicuring Training	Minimum Practice	Hours
(1) Scientific concept		60
(a) Sanitation		
(b) Chemistry		
General concepts		
Product composition		
Chemical safety/OSHA regulations		
(c) Nails		
Structure and composition		
Growth and regeneration		
Irregularities		
Diseases		
(d) Skin		
Structure and functions		
Growth and regeneration		
Disorders		
(e) Muscles, nerves, and blood		
Structure		
Function		
(2) Manicuring skills		75
(a) Purpose and effect		
(b) Preparation		
(c) Equipment and implements		
Purpose and effects		
Types		
(e) Procedures		
Basic manicure	25	
Reconditioning treatments		
Repair techniques		
Hand and arm massage		
Application of polish		
Pedicures	10	
(f) Special problems and procedures		
(g) Sanitation and safety precautions		
(3) Artificial nails		160
(a) Purpose and effect		
(b) Preparation		
(c) Equipment and implements		

Manicuring Training cont.	Minimum Practice	Hours
(d) Supplies and products		
(e) Procedures		
Sculpturing	100 Nails	
Gels		
Tipping	100 Nails	
Wrapping	100 Nails	
Repair techniques		
(f) Sanitation and safety precautions		
(4) Business practices		35
(a) Management practices		
(b) Salon development		
(c) Insurance		
(d) Client records		
(e) Salesmanship		
(5) State law		20
(a) Rules and regulations		
Total hours		350